



Self-Denial or Self-Indulgence

Lack of moderation, egoism

1. By Obeying

Matthew 16:24

Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.

Luke 14:25-35

And there went great multitudes with him: and he turned, and said unto them, [26] If any man come to me, and hate not his father, and mother, and wife, and children, and brethren, and sisters, yea, and his own life also, he cannot be my disciple. [27] And whosoever doth not bear his cross, and come after me, cannot be my disciple. [28] For which of you, intending to build a tower, sitteth not down first, and counteth the cost, whether he have sufficient to finish it? [29] Lest haply, after he hath laid the foundation, and is not able to finish it, all that behold it begin to mock him, [30] Saying, This man began to build, and was not able to finish. [31] Or what king, going to make war against another king, sitteth not down first, and consulteth whether he be able with ten thousand to meet him that cometh against him with twenty thousand? [32] Or else, while the other is yet a great way off, he sendeth an ambassage, and desireth conditions of peace. [33] So likewise, whosoever he be of you that forsaketh not all that he hath, he cannot be my disciple. [34] Salt is good: but if the salt have lost his savour, wherewith shall it be seasoned? [35] It is neither fit for the land, nor yet for the dunghill; but men cast it out. He that hath ears to hear, let him hear.

Romans 8:13

For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

Galatians 5:16-26

This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh. [17] For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would. [18] But if ye be led of the Spirit, ye are not under the law. [19] Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, [20] Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, [21] Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God. [22] But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, [23] Meekness, temperance: against such there is no law. [24] And they that are Christ's have crucified the flesh with the affections and lusts. [25] If we live in the Spirit, let us also walk in the Spirit. [26] Let us not be desirous of vain glory, provoking one another, envying one another.

2. By Renouncing All Things For Christ

Leaving Home And Friends

Mark 10:28

Then Peter began to say unto him, Lo, we have left all, and have followed thee.

Luke 5:11

And when they had brought their ships to land, they forsook all, and followed him.

Leaving Business

Luke 5:27-28

And after these things he went forth, and saw a publican, named Levi, sitting at the receipt of custom: and he said unto him, Follow me. [28] And he left all, rose up, and followed him.

A Condition Of Discipleship

Luke 14:33

So likewise, whosoever he be of you that forsaketh not all that he hath, he cannot be my disciple.

Reward Promised

Luke 18:18-30

And a certain ruler asked him, saying, Good Master, what shall I do to inherit eternal life? [19] And Jesus said unto him, Why callest thou me good? none is good, save one, that is, God. [20] Thou knowest the commandments, Do not commit adultery, Do not kill, Do not steal, Do not bear false witness, Honour thy father and thy mother. [21] And he said, All these have I kept from my youth up. [22] Now when Jesus heard these things, he said unto him, Yet lackest thou one thing: sell all that thou hast, and distribute unto the poor, and thou shalt have treasure in heaven: and come, follow me. [23] And when he heard this, he was very sorrowful: for he was very rich. [24] And when Jesus saw that he was very sorrowful, he said, How hardly shall they that have riches enter into the kingdom of God! [25] For it is easier for a camel to go through a needle's eye, than for a rich man to enter into the kingdom of God. [26] And they that heard it said, Who then can be saved? [27] And he said, The things which are impossible with men are possible with God. [28] Then Peter said, Lo, we have left all, and followed thee. [29] And he said unto them, Verily I say unto you, There is no man that hath left house, or parents, or brethren, or wife, or children, for the kingdom of God's sake, [30] Who shall not receive manifold more in this present time, and in the world to come life everlasting

Paul's Renunciation

Philip. 3:8

"Yea doubtless, and I count all things but loss for the excellency of the knowledge of Christ Jesus my Lord: for whom I have suffered the loss of all things, and do count them but dung, that I may win Christ"

3. By Restraining The Appetites

Luke 21:34

And take heed to yourselves, lest at any time your hearts be overcharged with surfeiting, and drunkenness, and cares of this life, and so that day come upon you unawares.

1 Cor. 9:27

But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.

4. By Subduing Fleshly Lusts

Galatians 5:16

This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

Galatians 5:24

And they that are Christ's have crucified the flesh with the affections and lusts.

Col. 3:5

Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:

1 Peter 2:11

“Dearly beloved, I beseech you as strangers and pilgrims, abstain from fleshly lusts, which war against the soul”

1 Peter 4:2

That he no longer should live the rest of his time in the flesh to the lusts of men, but to the will of God.